



Head of School
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## **Edale 2023**

Please find information for the upcoming trip to Edale.

#### **Activities**

- Icebreakers
- Crate stack
- Archery
- Canoeing
- Abseiling
- Fire lighting/ building

#### **Weather forecast**

Currently this is the weather predicted-



#### Kit reminder

**Old clothes**, lots of layers, remember water proofs including trousers if possible, a torch and walking boots if possible otherwise sturdy trainers. All this info can be found on the kit list.

### Day bags

Children need to bring a packed lunch for Wednesday lunch time, preferably in a disposable bag so that they can bin all rubbish after and not then having to carry a lunch box for the remainder of the residential. A refillable water bottle must also be included. A coat can also be packed into day bags. Children will have access to all other belongings almost immediately after arrival.

#### **Money**

Children can take **£5 for an ice-cream**. They won't need any more than this as there is no other opportunity to buy anything. Please also note this is a possibility not a definite, it varies each year as the ice-cream parlour is off site.

# No electronics - phones, tablets, smart watches etc

Staff will contact parents if necessary so you don't need to worry. There is no signal anyway as the hostel is at the bottom of a valley. Any found will be confiscated and parents will need to pick these up from school. It is really important to know that it is a safeguarding issue if phones are taken and used as a camera/ filming device due to access to social media.

A disposable camera is allowed. Please note that staff will take photos of the children during activities too.

### **Sweets**

We ask that children do not bring sweets and snacks with them. Reasons being:

- You have spent a lot of money on proper meals that will be wasted if they are full of sweets.
- Sickness- that no adult wants to deal with (different of course if it's illness).
- Headaches and hyperactivity.

We will provide biscuits and a drink at the end of the days as an additional snack before bed time.

