

Saving Energy

Don't leave the tap running while you wash your hands or brush your teeth.



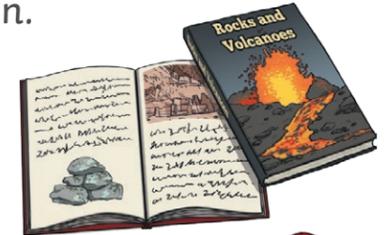
Wear a jumper instead of turning the heating on.



Always turn off lights, televisions, computers and games consoles when you are finished.



Read a book or play a board game instead of watching television.



Recycle as much as you can- this uses much less energy than making new materials.



Walk or ride a bicycle to school instead of travelling in the car.



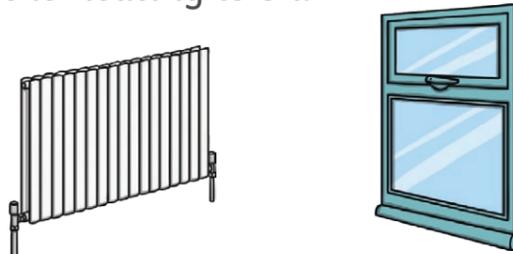
Have short showers instead of baths.



Never leave the fridge door open. Decide what you want before you open it.



Keep windows closed when the heating is on.



Encourage your friends and families to help by sharing these tips with them!



Be an Energy Expert!

