

## Home Learning for Week 19: Commencing 1<sup>st</sup> February, 2021

### Year 4

Day	Activities (N.B. timings provided are only intended to be used as a guide)
Monday	<p><b>8:40 – 8:50 – Teams live with Mrs James</b>            It is <b>Children's Mental Health Week</b> this week. We will be talking about this during the week and suggesting ways that you help yourself to feel well. Stay on the call after this for support with your Maths lesson.</p> <p><b>9:00 – 10:00: Maths</b> (Focus: Multiply 2 digits by 1 digit – Part 1)            • Please click on the following link for this week's maths lessons / videos: <a href="https://whiterosemaths.com/homelearning/year-4/spring-week-2-number-multiplication-division/">https://whiterosemaths.com/homelearning/year-4/spring-week-2-number-multiplication-division/</a> and each lesson's resources can be found in the <i>Maths Projects</i> sub-section of the Home Learning section on the school website.</p> <p><b>10:00 – 10:15: Break</b></p> <p><b>10:15 – 11:15: English</b> (Focus: To generate vocabulary for the ending)            In this lesson, we will read the next verse in the poem and do a range of activities to help us generate vocabulary for when we need to write the ending of the story.  <a href="https://classroom.thenational.academy/lessons/to-generate-vocabulary-for-the-ending-crup2t">https://classroom.thenational.academy/lessons/to-generate-vocabulary-for-the-ending-crup2t</a></p> <p><b>11:15 – 11:30: Break</b></p> <p><b>11:30 – 12:00: Daily reading and spelling tasks session</b>            • Your child can continue to read a chapter from their home reading book or a book that they have borrowed from the library. After this, ask your child to write a short review detailing their likes and dislikes about the novel so far. Encourage them to justify their opinion with examples from the text.            • Practise your spellings for this week and get an adult to test you on Friday.</p>

Glamorous  
Jealous  
Poisonous  
Generous  
Courageous  
Adventurous

Word of the Day: **dense**

- What do you think it means?
- What is the definition (look it up in the dictionary)?
- Find a synonym.
- Find an antonym.
- Use it in a sentence.

**Lunch: 12:00 – 1:00**

**1:00 – 2:00: PSHE/Mental Health**

Today we are thinking about wellbeing, what is it and how can you improve it?

Watch this clip to find out a bit more about it: <https://www.youtube.com/watch?v=oSIWo5nxF2A>

Watch this one to see what things you might do to help improve your wellbeing: <https://www.youtube.com/watch?v=yF7Ou43Vj6c>

These are the **5 ways to wellbeing**:

These are things we can do to help ourselves feel better.

**Connect:** with other people – chat with your friends on the phone or over zoom, talk to your family.

**Take Notice:** when you are in the garden or out for a walk, notice something like a cloud or a bird or even a blade of grass! Take time to really look at it and notice the detail.

**Give:** be kind to someone.

**Physically active:** keep active and try to do something every day.

**Learn new skills:** learning things keeps your brain busy and helps you to stay feeling well.

Can you make **a poster** showing an example of each of these things to help people understand the 5 ways to wellbeing? You could draw a picture of each and write the word above it.

**2:00 – 2:20/30: Seesaw** (Upload work, write to your teacher, listen to class book etc.)

**2:25 – 2:45: Teams live Miss McGill**

We're looking forward to hearing about what you have learned today!

Tuesday

**8:40 – 8:50 – Teams live with Miss McGill**

We will be going through your lessons for the day – this is an opportunity for you to ask questions if you aren't sure about something. Stay on the call for support with your Maths lesson.

**9:00 – 10:00: Maths** (Focus: Multiply 2 digits by 1 digit – Part 2)

Refer to links in Monday's section.

**10:00 – 10:15: Break**

**10:15 – 11:15: English Comprehension** (Focus: To answer questions on the text)

In this lesson, we will analyse the opening section of the text. <https://classroom.thenational.academy/lessons/to-answer-questions-on-the-text-71jk4r>

**11:15 – 11:30: Break**

**11:30 – 12:00: Daily reading and spelling tasks session**

- Encourage your child to record any words that have captured their interest from the chapter that they have read. They can look them up in a dictionary and then write synonyms for these words.
- Practise your spellings.

Word of the Day: **deposit**

- What do you think it means?
- What is the definition (look it up in the dictionary)?
- Find a synonym.
- Find an antonym.
- Use it in a sentence.

**Lunch: 12:00 – 1:00**

**1:00 – 2:00: RE**

Today we're going to look at Lent.

- What does the word festival mean? You could look it up in the dictionary, or search for it on Google.
- What festivals do you celebrate? These could be religious festivals or non-religious festivals.
- If they aren't religious festivals, how might they similar/different to religious festivals?

Use the PowerPoint to help you learn about Lent.

There are some tricky words in this Powerpoint. Here are some definitions to help you:

self-discipline – being able to control your feelings. "I chose not to eat my chocolate bar before lunch because I have self-discipline."

sacrifice – giving something up because it helps someone or something else. "I sacrificed my turn on the swings because my sister needed a push."

tempted – persuaded to do something that might be wrong or bad. "I was tempted to stop working when I saw my friend was playing games."

resisted – try to not do something or push against something. "I resisted when Mum asked me to tidy my room because I was tired."

- Write a few sentences about what Lent is
- Draw a picture of Jesus in the desert and being tempted by the devil.

**2:00 – 2:20/30: Seesaw** (Upload work, write to your teacher, listen to class book etc.)

**2:25 – 2:45: Teams live with Miss McGill**

Are you ready to share your learning?

Wednesday

**8:40 – 8:50 – Teams live with Miss McGill**

We will be going through your lessons for the day – this is an opportunity for you to ask questions if you aren't sure about something. Stay on the call for support with your Maths lesson.

**9:00 – 10:00: Maths** (Focus: Multiply 3 digits by 1 digit)

Refer to links in Monday's section.

**10:00 – 10:15: Break**

**10:15 – 11:15: English** (Focus: To plan the ending)

In this lesson, we will plan each part of the ending of the story, using the vocabulary we generated in the previous lesson.

<https://classroom.thenational.academy/lessons/to-plan-the-ending-c4t68d>

**11:15 – 11:30: Break**

**11:30 – 12:00: Daily reading and spelling tasks session**

- Practise your spellings.

Word of the Day: **increase**

- What do you think it means?
- What is the definition (look it up in the dictionary)?
- Find a synonym.
- Find an antonym.
- Use it in a sentence.

**Lunch: 12:00 – 1:00**

**1:00 – 2:00: Art**

The theme of Children's Mental Health Week is 'Express Yourself'.

Today we would like you to create a piece of art work to show an emotion. Choose from: happy, sad, excited, tired, worried, angry, grumpy. When you have chosen your emotion, think about what colours link to that emotion. For example for angry you might think red, or for sad you might think about blue. Try out some colours on a piece of paper using different media: pens, pencils, torn up bits of magazines or newspapers. Next think about shapes and patterns for your emotion. Again, test a few out on your piece of paper.

Now start your picture. You could write the emotion somewhere on the page, and add colour on that and around it, or you could just create an abstract picture. Use colours and patterns to show the emotion. You could write words on that you think go with the emotion or cut words out of magazines or newspapers and stick them on. For example, the word 'smile' might go with 'happy'.

Remember you are expressing yourself, so it's up to you what the final piece looks like.

**2:00 – 2:20/30: Seesaw** (Upload work, write to your teacher, listen to class book etc.)

**2:25 – 2:45: Teams live with Miss McGill**

Tell us what you have learned, and hear what others have been doing.

Thursday	<p><b>8:40 – 8:50 – Teams live with Mrs James</b>  We will be going through your lessons for the day – this is an opportunity for you to ask questions if you aren't sure about something. Stay on the call for support with your Maths lesson.</p> <p><b>9:00 – 10:00: Maths</b> (Focus: Divide 2 digits by 1 digits)  Refer to links in Monday's section.</p> <p><b>10:00 – 10:15: Break</b></p> <p><b>10:15 – 11:15: English</b> (Focus: <u>To write the ending</u>)  In our final lesson of the unit, we will write the ending to the story using our plans. We will finish by reading our whole paragraph out loud.  <a href="https://classroom.thenational.academy/lessons/to-write-the-ending-6gv3gt">https://classroom.thenational.academy/lessons/to-write-the-ending-6gv3gt</a></p> <p><b>11:15 – 11:30: Break</b></p> <p><b>11:30 – 12:00: Daily reading and spelling tasks session</b></p> <ul style="list-style-type: none"> <li>• Practise your spellings.</li> </ul> <p>Word of the Day: <b>extraordinary</b></p> <ul style="list-style-type: none"> <li>• What do you think it means?</li> <li>• What is the definition (look it up in the dictionary)?</li> <li>• Find a synonym.</li> <li>• Find an antonym.</li> <li>• Use it in a sentence.</li> </ul> <p><b>Lunch: 12:00 – 1:00</b></p> <p><b>1:00 – 2:00: PE</b>  When doing exercise, it's important to try and increase our heart rate. This shows you're working really hard. When your heart is pumping, blood circulates to the muscles so they get lots of oxygen and nutrients.  Watch the below video and join in. Miss Sroa has lots of different videos that will get your heart pumping!  <a href="https://www.youtube.com/watch?v=DC-1kJ-Ujno">https://www.youtube.com/watch?v=DC-1kJ-Ujno</a></p> <p><b>2:00 – 2:20/30: Seesaw</b> (Upload work, write to your teacher, listen to class book etc.)</p> <p><b>2:25 – 2:45: Teams live with Mrs James</b>  Be ready to talk about what you have learned today!</p>
Friday	<p><b>8:40 – 8:50 – Teams live with Mrs James</b>  We will be going through your lessons for the day – this is an opportunity for you to ask questions if you aren't sure about something. Stay on the call for support with your Maths lesson.</p> <p><b>9:00 – 10:00: Maths</b> (Focus: Divide 2 digits by 1 digit)</p>

Extra maths practice

<https://play.trockstars.com/auth/school/student>

<https://www.topmarks.co.uk/maths-games/hit-the-button>

**10:00 – 10:15: Break**

**10:15 – 11:15: English Comprehension** (Focus: To answer questions on the text)

In this lesson, we will analyse the climax of the text. <https://classroom.thenational.academy/lessons/to-answer-questions-on-the-text-cnj6cr>

**11:15 – 11:30: Break**

**11:30 – 12:00: Daily reading and spelling tasks session**

- Write a small book review for a book you have read and enjoy. Share it on Seesaw.
- Ask an adult to test you on your spellings.

Word of the Day: **desire**

- What do you think it means?
- What is the definition (look it up in the dictionary)?
- Find a synonym.
- Find an antonym.
- Use it in a sentence.

**Lunch: 12:00 – 1:00**

**1:00 – 2:00: Music**

In this lesson, we are going to develop our body percussion skills. <https://classroom.thenational.academy/lessons/body-percussion-part-2-69gp8t>

**2:00 – 2:20/30: Seesaw** (Upload work, write to your teacher, listen to class book etc.)

Don' forget to have some golden time this afternoon, it's Friday!

**2:25 – 2:45: Teams live with Mrs James**

Celebrate how hard you've worked this week.