



Dear Parent/Carer,

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) work in school. This looks at topics including, getting on and falling out, relationships, physical / emotional health and living in the wider world. The aim of the PSHE work is to help our pupils make safe and informed decisions during their school years and beyond.

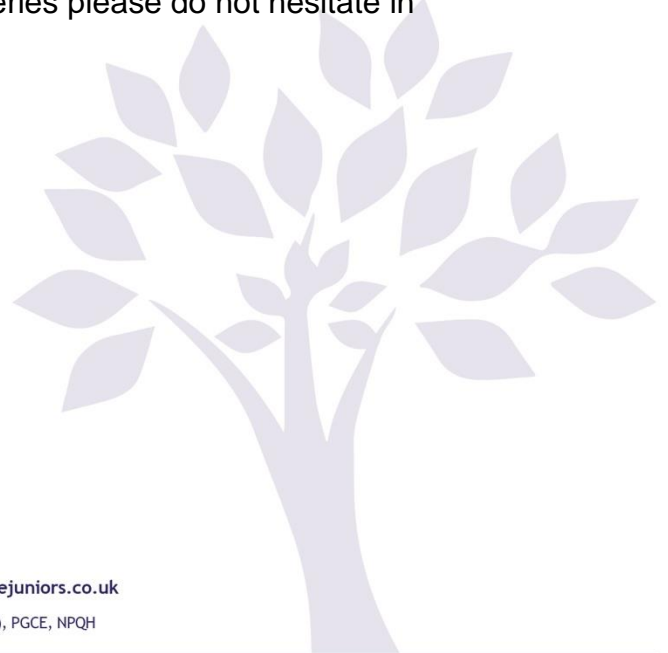
Relationship and sex education (RSE) is an important part of PSHE. We will be teaching lessons about RSE in the next half term. These 3 lessons (4 in year 6) of an hour each will follow the 'CWP Teaching RSE with Confidence' Scheme of work, which has been highly recommended by The PSHE Association. The topics covered in each year group can be seen on the reverse of this letter. During the lessons, pupils will be able to ask questions, which will be answered sensitively, factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

Some parts of RSE are compulsory - these are part of the National Curriculum for Science. Parents can withdraw their children from all other parts of RSE if they wish to do so.

You might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries please do not hesitate in contacting school.

Yours sincerely,

Mr R Slater
Head of School



Year 3
Valuing Difference
and Keeping Safe

Lesson 1: **Differences: Male and Female**

Lesson 2: **Personal Space**

Lesson 3: **Family Differences**

Year 4
Growing Up

Lesson 1: **Growing and Changing**

Lesson 2: **What is Puberty?**

Lesson 3: **Puberty Changes and Reproduction**

Year 5
Puberty

Lesson 1: **Talking about Puberty**

Lesson 2: **Male and Female Changes**

Lesson 3: **Puberty and Hygiene**

Year 6
Puberty, Relationships
and Reproduction

Lesson 1: **Puberty and Reproduction**

Lesson 2: **Understanding Relationships**

Lesson 3: **Conception and Pregnancy**

Lesson 4: **Communication in Relationships**