



Dear Parent/Carer,

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social, Health and Economic Education (PSHE) work in school. This follows the themes of: Living in the wider world, Health and wellbeing, and Relationships. The aim of the PSHE work is to help our pupils make safe and informed decisions during their school years and beyond.

Relationship and Sex Education (RSE) is an important part of PSHE. You can find our policy for RSE on our school website. We will be teaching lessons about RSE in the coming weeks. These 3 lessons (4 in year 6) of an hour each will follow the 'CWP Teaching RSE with Confidence' Scheme of Work, which has been highly recommended by The PSHE Association. The topics covered in each year group can be seen on the reverse of this letter. During the lessons, pupils will be able to ask questions, which will be answered sensitively, factually and in an age-appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

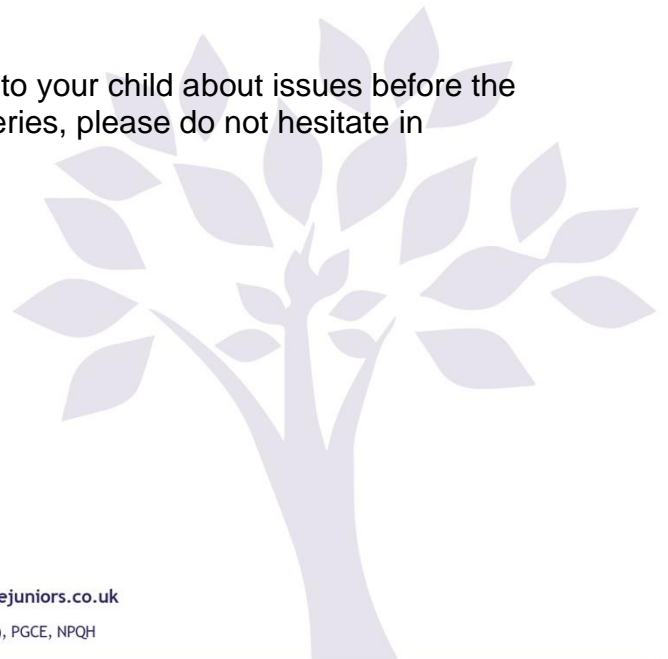
Year 6 will begin the topic with the short introductory video from the BBC called 'Active-Focus Growing Up.'

Some parts of RSE are compulsory - these are part of the National Curriculum for Science. Parents can withdraw their children from all other parts of RSE if they wish to do so.

You might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries, please do not hesitate in contacting school.

Yours sincerely,

Mr R Slater  
Head of School



**Year 3**  
**Valuing Difference**  
**and Keeping Safe**

Lesson 1: **Differences: Male and Female**

Lesson 2: **Personal Space**

Lesson 3: **Family Differences**

**Year 4**  
**Growing Up**

Lesson 1: **Growing and Changing**

Lesson 2: **What is Puberty?**

Lesson 3: **Puberty Changes and Reproduction**

**Year 5**  
**Puberty**

Lesson 1: **Talking about Puberty**

Lesson 2: **Male and Female Changes**

Lesson 3: **Puberty and Hygiene**

**Year 6**  
**Puberty, Relationships**  
**and Reproduction**

Lesson 1: **Puberty and Reproduction**

Lesson 2: **Understanding Relationships**

Lesson 3: **Conception and Pregnancy**

Lesson 4: **Communication in Relationships**