

# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7

## WEEK ONE

### MONDAY Authentic Italian

Option 1

**BBQ Chicken Pizza**  
Crudites

Option 2

**Margherita Pizza**  
Crudites

Potatoes

Packed Lunch

The Finale

**Warm Pineapple with Vanilla Ice Cream**

### TUESDAY Family Faves

**Beef Burger in a Bun**  
Oven Baked Wedges  
Coleslaw

**Super Veggie Burger in a Bun**  
Oven Baked Wedges  
Coleslaw

**Crispy Skin Jacket Potato with Tasty Toppings available daily**

**Sticky Gingerbread Cake**

Fresh Fruit, Yoghurt and Salad available every day

### WEDNESDAY Baking British

**Roast Gammon**  
Roasties and Fresh Vegetables  
Gravy

**Veggie Sausage & Summer Veg Traybake**  
Roasties and Fresh Vegetables  
Gravy

**Chocolate Brownie**

▲ Meat    ✓ Veggie    ◆ Jacket Potato    ■ Packed Lunch

### THURSDAY Food Festival

**Chicken Tikka Biryani**  
Wholegrain Rice  
Coconut Green Beans

**Roasted Sweet Potato Dhal**  
Wholegrain Rice  
Green Beans

**Strawberry Mousse with Peach**

### FRIDAY Fun Day

**Fish Fingers**  
Pollock  
Chips and Baked Beans

**Baked Beans & Vegetable Dippers**  
Chips

**Oat Cookie**

# FOOD FESTIVAL

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Spring / Summer 2022

21/2, 14/3, 4/4, 25/4, 16/5, 6/6, 27/6, 18/7

## WEEK TWO

### MONDAY Authentic Italian

Option 1

**Creamy Chicken Pasta Bake**

Whole Grain Penne  
Garlic Slice  
Green Salad

### TUESDAY Family Faves

**BBQ Pulled Pork & Mash**

Carrots

### WEDNESDAY Baking British

**Roast Chicken & Stuffing**

Roasties and  
Fresh Vegetables  
Gravy

### THURSDAY Food Festival

**Beef Lasagne**  
Potato Wedges  
Rainbow Slaw

### FRIDAY Fun Day

**Baked Breaded Fish**

Chips and  
Mushy Peas

Option 2

**Veggie Bolognese**

Whole Grain Penne  
Garlic Slice  
Green Salad

**Baked Bean & Veggie Sausage Cowboy Pie**

Carrots

**Cheese & Spring Onion Pastry Slice**

Roasties and  
Fresh Vegetables  
Gravy

**Veggie Nachos & Cheese**

Potato Wedges  
Rainbow Slaw

**Carrot & Potato Cakes Homemade Tomato sauce**

Chips and  
Mushy Peas

Potatoes

**Crispy Skin Jacket Potato with Tasty Toppings available daily**

Packed Lunch

**Pick and Mix Packed Lunch**

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

The Finale

**Peach Puff Pastry Slice & Custard**

**Rice Krispie Cakes**

**Chocolate & Marshmallow Cake**

**Vanilla Sponge & Custard**

**Flapjack**

Fresh Fruit, Yoghurt and Salad available every day

▲ Meat    ▼ Veggie    ◆ Jacket Potato    ■ Packed Lunch

# FOOD FESTIVAL

By Aspens

## WEEK THREE

Spring / Summer 2022  
28/2, 21/3, 11/4, 2/5, 23/5, 13/6,  
4/7,

### MONDAY Authentic Italian

Option 1

Meatball, Pasta &  
Garlic Bread  
Traybake  
Sweetcorn ▲

### TUESDAY Family Faves

Sticky Baked  
Bangers & Mash  
Green Beans  
Gravy ▲

### WEDNESDAY Baking British

Roast Chicken &  
Stuffing  
Roasties and  
Fresh Vegetables  
Gravy ▲

### THURSDAY Food Festival

Honey & Soy  
Chicken Stir Fry  
Wholegrain Rice  
Broccoli ▲

### FRIDAY Fun Day

Fish Fingers  
Pollock  
Chips and  
Peas

Option 2

Tomato & Mozzarella  
Gnocchi  
Garlic Slice  
Sweetcorn ▼

Sticky Veggie  
Bangers & Mash  
Green Beans  
Gravy ▼

Quorn Roast  
Roasties and  
Fresh Vegetables  
Gravy ▼

Crunchy Topped  
Macaroni Cheese  
Broccoli ▼

Veggie  
Croquettes  
Chips and Peas ▼

Potatoes

Crispy Skin Jacket Potato with Tasty Toppings available daily ◆

Packed  
Lunch

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit ■

The Finale

Chocolate Mousse  
with Mandarin

Sticky Toffee  
Pudding &  
Custard

Vanilla Sprinkle  
Sponge

Jelly &  
Ice Cream

Ginger Cookie

Fresh Fruit, Yoghurt and Salad available every day

▲ Meat   ▼ Veggie   ◆ Jacket Potato   ■ Packed Lunch